



# Basketball Camps for Girls/Boys Grades 2-8 Summer 2017



SESSION	GR.	DATE	TIME	LOCATION
ONE	2-6	June 12th-16th	10AM-2PM	Norcal Courts
TWO	2-8	July 10th-14th	10AM-2PM	Norcal Courts
THREE	2-8	July 24th-28th	10AM-2PM	Norcal Courts

### DEFENSIVE SKILLS:

Post and perimeter defense; how to close-out on a shooter; wing denial, weak-side positioning, defensive rebounding, taking a charge, and other man-to-man concepts.

Tuition	Deposit to hold Nonrefundable
1 Session is \$195	\$50
For 2 Sessions \$350	\$50
For all 3 Sessions \$495	\$50

### OFFENSIVE SKILLS:

Ball handling, passing; moving without the ball, offensive rebounding, post moves, perimeter one-on-one moves, how to set and use screens, shooting technique, and much more.



Camp staff will include High School and/or College athletes from Carondelet and other local schools.

\*Sibling discounts given as extra session prices. So 2 siblings for one camp would be \$350-the cost of 2 sessions! Email for rates on more camps or team pricing.

Dear Parents,

This will be the 26th summer of FastBreak Basketball Camps. Each year I strive to improve the camp, and better meet the needs of local athletes in this growing sport. This summer will be even better. With my retirement from High Basketball, I have continued coaching at the CYO and youth AAU levels. The return to youth gives me a new focus and a better understanding of how your child needs to progress.

My goal for FastBreak Camps is to prepare young athletes to compete at the next level. Your child will learn the fundamentals of basketball, will gain valuable game experience, and will work with some of the area's most knowledgeable basketball players. He/she will be exposed to drills that are used at the high school and college level.

If your child wants to learn and/or improve their basketball fundamentals and, learn to love the game even more; then FastBreak Basketball camp is the answer. I look forward to working with your athlete this summer.  
Coach Margaret Gartner

Sample Schedule	
Time	Activity
10:00-10:10	Announcements
10:10-10:30	Warm-up
10:30-11:00	Fast Break/Transition
11:00-11:15	Stations: Fundamental Skills
11:15-11:30	Snack/Water Break
11:30-2:00	Competitions 1 v 1, 3 v 3, & 5 v 5

### My Bio Facts

33 Years of coaching Youth in the Bay Area  
30 Years of Teaching Elementary School in the MDUSD  
26 Years Coaching at Carondelet High School (23 yrs of varsity)  
25 Years of Club Basketball and Camps  
9 Years of Boys and Girls CYO and Upward Basketball  
2016 West Diablo CYO league Champions (5th girls American)  
2016 NorCal Runner-up in CYO (5th girls American)  
2016-17 Martinez Junior High 6th Grade Girls League Champions 14-0

California Interscholastic Federation Facts (High School Sports)  
17<sup>th</sup> All-Time Winningest Coach in California 530-133 record  
20 League Titles (BVAL & EBAL)  
10 North Coast Section Playoff Titles  
4 Nor-Cal Championship Titles  
1 California State Title  
Numerous "Coach of the Year" Honors throughout career including 2014 Calif. Coaches Assoc. NorCal Coach of the Year

# FastBreak Basketball 2017 REGISTRATION FORM

Camper's Name: \_\_\_\_\_ M/F \_\_\_\_\_ School \_\_\_\_\_ Grade in Fall \_\_\_\_\_ Age: \_\_\_\_\_ Height: \_\_\_\_\_

Address: \_\_\_\_\_ City, Zip: \_\_\_\_\_

Parent's Name: \_\_\_\_\_ Email: \_\_\_\_\_

Home Ph: \_\_\_\_\_ Emergency Contact \_\_\_\_\_ Emergency Ph: \_\_\_\_\_

CHECK SESSION	Gr.	DATE	TIME	LOCATION
<input type="checkbox"/> ONE	2-6	June 12th-16th	10AM-2PM	Norcal Courts
<input type="checkbox"/> TWO	2-8	July 10th-14th	10AM-2PM	Norcal Courts
<input type="checkbox"/> THREE	2-8	July 24th-28th	10AM-2PM	Norcal Courts

Tuition	Deposit to hold Nonrefundable
1 Session is \$195	\$50
For 2 Sessions \$350	\$50
For all 3 Sessions \$495	\$50

**Amount Included** \_\_\_\_\_

**Remaining Balance** \_\_\_\_\_

**Tuition includes FastBreak T-shirt.**

**Circle size desired:**

**Youth Large Adult Small Med. Large**

(Balance Due One Week Prior to Camp)

Mail check & registration to:

FastBreak Basketball Camp

P.O. Box 4864

Walnut Creek, CA 9459

925-387-0574

Receipt and Confirmation will be sent via email prior to camp.



**NORCAL COURTS LOCATED AT  
360 FERRY ST. MARTINEZ, CA. 94553**

**Parent Consent:**

I hereby give my child consent to participate in all activities at the FastBreak Basketball Camp. I declare that my child is in good physical condition, and hereby give the staff of FastBreak permission to render such medical and hospital care as in their judgment, may seem necessary for my child.

**Parent Waiver:**

I, also, hereby state that we have adequate medical coverage and will not hold the staff of FastBreak Basketball liable for any injuries incurred during any camp session.

\_\_\_\_\_  
Parent/Guardian Signature Date

**Insurance Information:**

Policy #: \_\_\_\_\_ Company: \_\_\_\_\_ Family Dr.: \_\_\_\_\_ Phone: \_\_\_\_\_

Please inform us of any physical ailments which may affect your child's participation in camp: \_\_\_\_\_

**Photo Release:**

I agree that FastBreak may use any photos without my child's name for purposes of publicity, illustration, advertising, and web content.